



Munich Center for Machine Learning

# Causal ML for predicting treatment outcomes

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VISION

# Promises of Causal ML

Estimating treatment effects for vulnerable groups



Augmenting evidence from RCTs



Finding optimal dosages



ML for treatment effect estimation

Estimating post-approval efficacy, including side effects



Guiding treatment choice when a standard of care is absent



Estimating treatment effects for long-term outcomes



Designing treatment recommendations for rare diseases





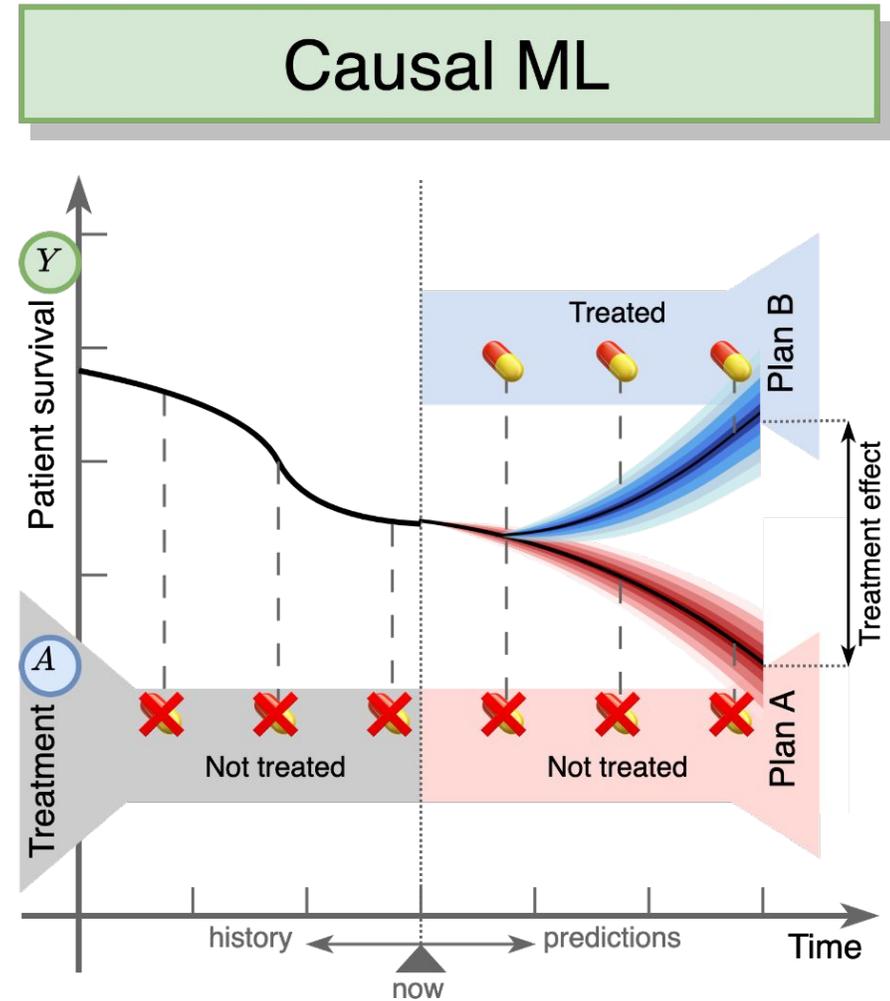
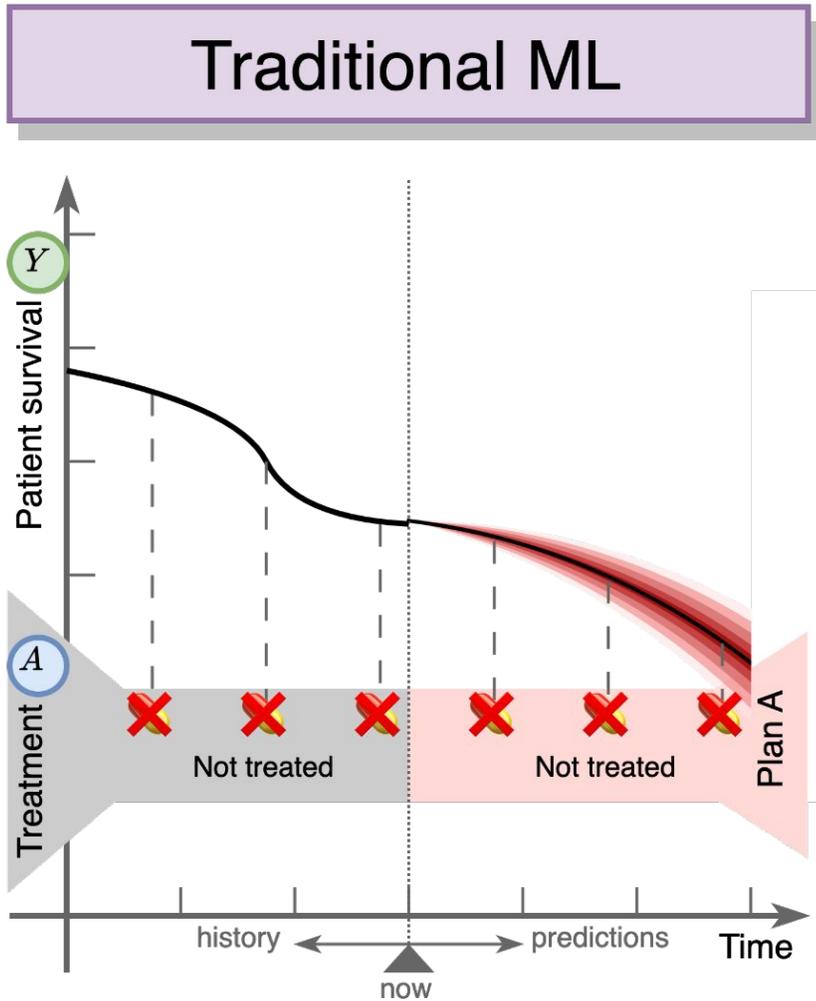
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# Why do we need Causal ML in medicine?

## Reference:

Feuerriegel, S., Frauen, D., Melnychuk, V., Schweisthal, J., Hess, K., Curth, A., Bauer, S., Kilbertus, N., Kohane, I.S. and van der Schaar, M., 2024. **Causal machine learning for predicting treatment outcomes.** *Nature Medicine*, 30(4), pp.958-968.

VISION  
Moving from diagnostics to therapeutics: Estimating treatment effects with ML



## TERMINOLOGY

# Real-world data (RWD) vs. real-world evidence (RWE) to support medicine

The US Food and Drug Administration (FDA) defines <sup>1,2,3</sup>:



### Real-world data (RWD)

- Data relating to patient health status and the delivery of healthcare
- **Examples:** electronic health records (EHRs), claims and billing activities, disease registries, ...
- Naming: observational data (≠ experimental data)



### Real-world evidence (RWE)

- Analysis of RWD regarding usage and effectiveness
- Vision: greater personalization of care
- Disclaimer: should not replace but augment RCTs

1) Real-World Evidence — Where Are We Now? <https://www.nejm.org/doi/full/10.1056/NEJMp2200089>  
2) Real-World Evidence — What Is It and What Can It Tell Us? <https://www.nejm.org/doi/full/10.1056/nejmsb1609216>  
3) Real-World Evidence and Real-World Data for Evaluating Drug Safety and Effectiveness <https://jamanetwork.com/journals/jama/fullarticle/2697359>

## TERMINOLOGY

# Real-world data (RWD) vs. real-world evidence (RWE) to support medicine

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- **Examples:** electronic health records (EHRs), claims and billing activities, disease registries, ...
- Naming: observational data (≠ experimental data)



- **Aim:** estimate treatment effectiveness
- **Challenges:** representativeness (selection bias), no proper randomization, ...
- **Custom methodologies:** target trial emulation, **causal machine learning**, ...



### Real-world evidence (RWE)

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## VISION

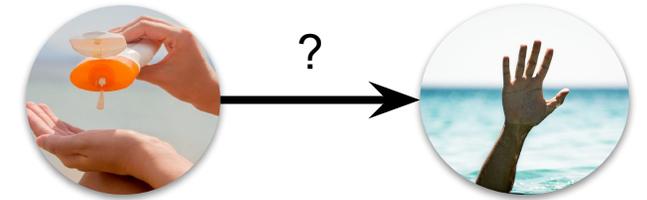
# Real-world data (RWD) vs. real-world evidence (RWE) to support medicine

Why is getting a **meaningful** RWE challenging?



Real-world  
(observational) data  
(RWD)

- Observational data of
  - sunscreen usage (binary treatment)
  - number of drowning-related deaths (outcome)



- 
- **Aim:** effect of sunscreen on the chance of drowning



Real-world evidence  
(RWE)

- 
- Evidence: The higher the usage of sunscreen -> the more likely is the chance of drowning
  - This is counterintuitive: Is there something we didn't account for?

## VISION

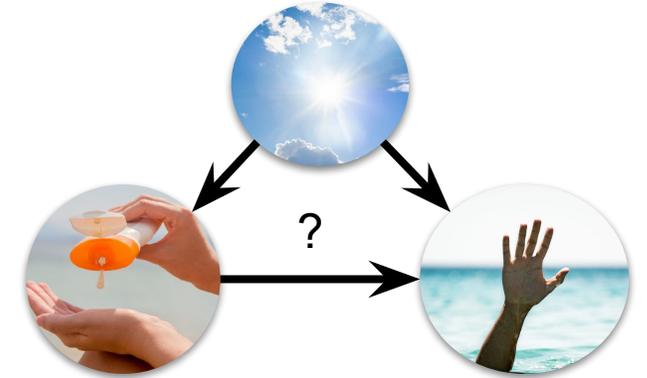
# Real-world data (RWD) vs. real-world evidence (RWE) to support medicine

Why is getting a **meaningful** RWE challenging? -> **Hidden confounding**



Real-world data  
(RWD)

- Observational data of
  - sunscreen usage (binary treatment)
  - number of drowning-related deaths (outcome)
  - **intensity of sunlight (covariates)**



- **Aim:** effect of sunscreen on the chance of drowning for **different intensities of sunlight**



Real-world evidence  
(RWE)

- Evidence: no association between sunscreen usage and chance of drowning in each group of sunlight
- Comparing with the previous slide: Intensity of sunlight is a **confounder**

## VISION

# Application scenarios of RWD

RWD helps to guide decision-making (beyond RCTs):

### 1 ... in the absence of a standard of care

- Specific subtypes of diseases with no standard of care yet (e.g., oncology)
- New or experimental drugs (e.g., orphan drugs, is Biontech vs. Moderna vaccine more effective for subcohort X?)

### 2 ... in complex, high-dimensional decision problems

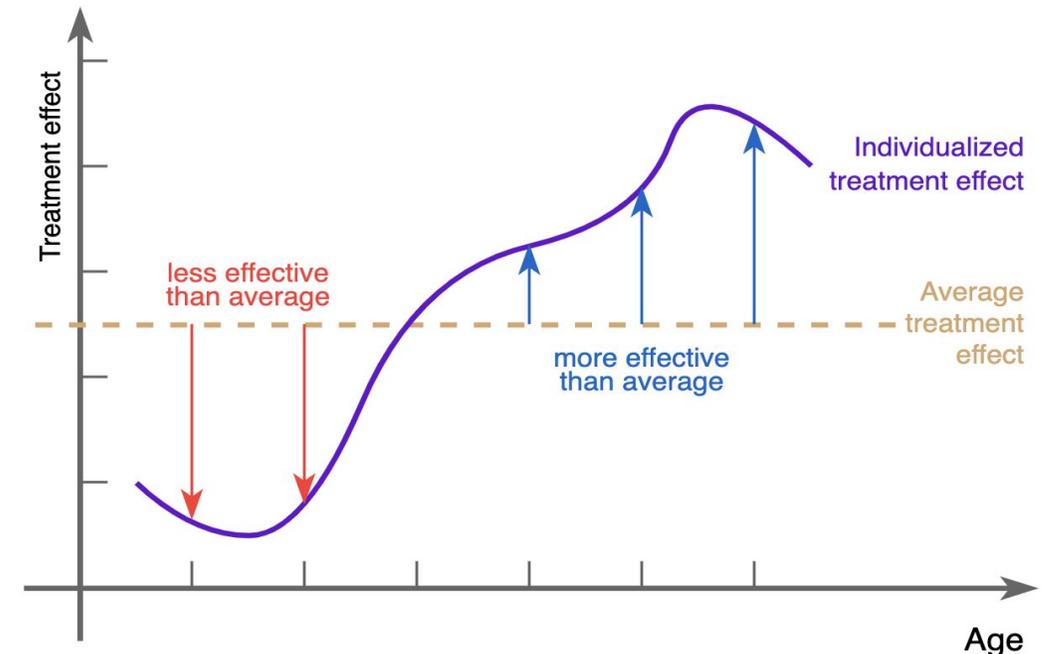
- Complex dosaging problems

### 3 ... when RCTs are unethical

- Vulnerable populations (e.g., pregnant women) <sup>1</sup>

### 4 ... when a greater personalization is desired

- Highly granular subpopulations that cannot be really placed in RCTs (e.g., women, above 60, with comorbidity etc.)
- Personalization based on genome data (e.g., precision medicine)

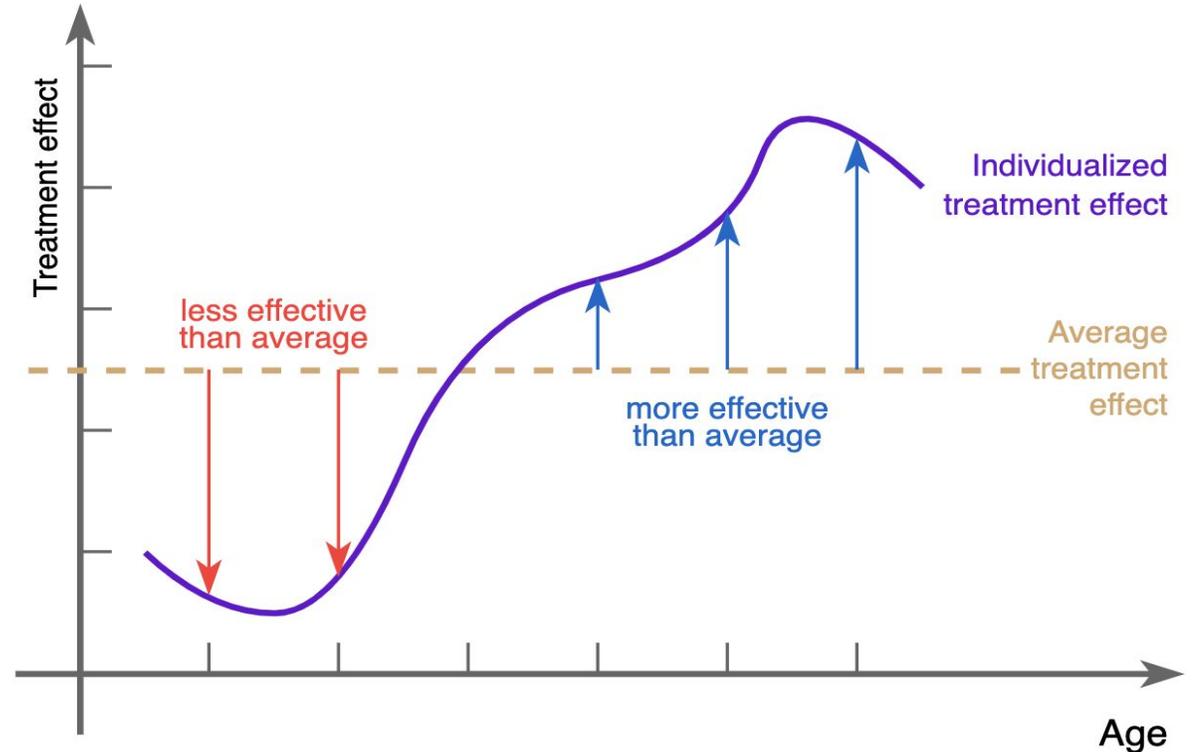


1) The Effectiveness of Right Heart Catheterization in the Initial Care of Critically Ill Patients <https://jamanetwork.com/journals/jama/article-abstract/407990>

## AIM

# Understanding heterogeneity in the treatment effect

- Focus is often on **average** treatment effect (ATE)
- ATE is aggregated across the population
- ATE **cannot** tell whether a treatment works for some or not  
→ e.g., medication works only for women but not for men, but RCT was done with all patients
- NB: both RCTs and target trial emulation focus on ATEs



To personalize treatment recommendations, we need to understand the **individualized** treatment effect (ITE)



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# Short introduction to causal machine learning

## Reference:

Feuerriegel, S., Frauen, D., Melnychuk, V., Schweisthal, J., Hess, K., Curth, A., Bauer, S., Kilbertus, N., Kohane, I.S. and van der Schaar, M., 2024. Causal machine learning for predicting treatment outcomes. *Nature Medicine*, 30(4), pp.958-968.

## PRIMER

**Ambiguity of the definition**

“Causal ML” could be both:

**Causal  
inference  
for machine  
learning**

**Causal inference concepts****ML / DL problems**

- Explainability
- Fairness
- Algorithmic recourse
- Robustness / domain adaptation
- ...

**Machine  
learning for  
causal  
inference**

**Causal inference problems**

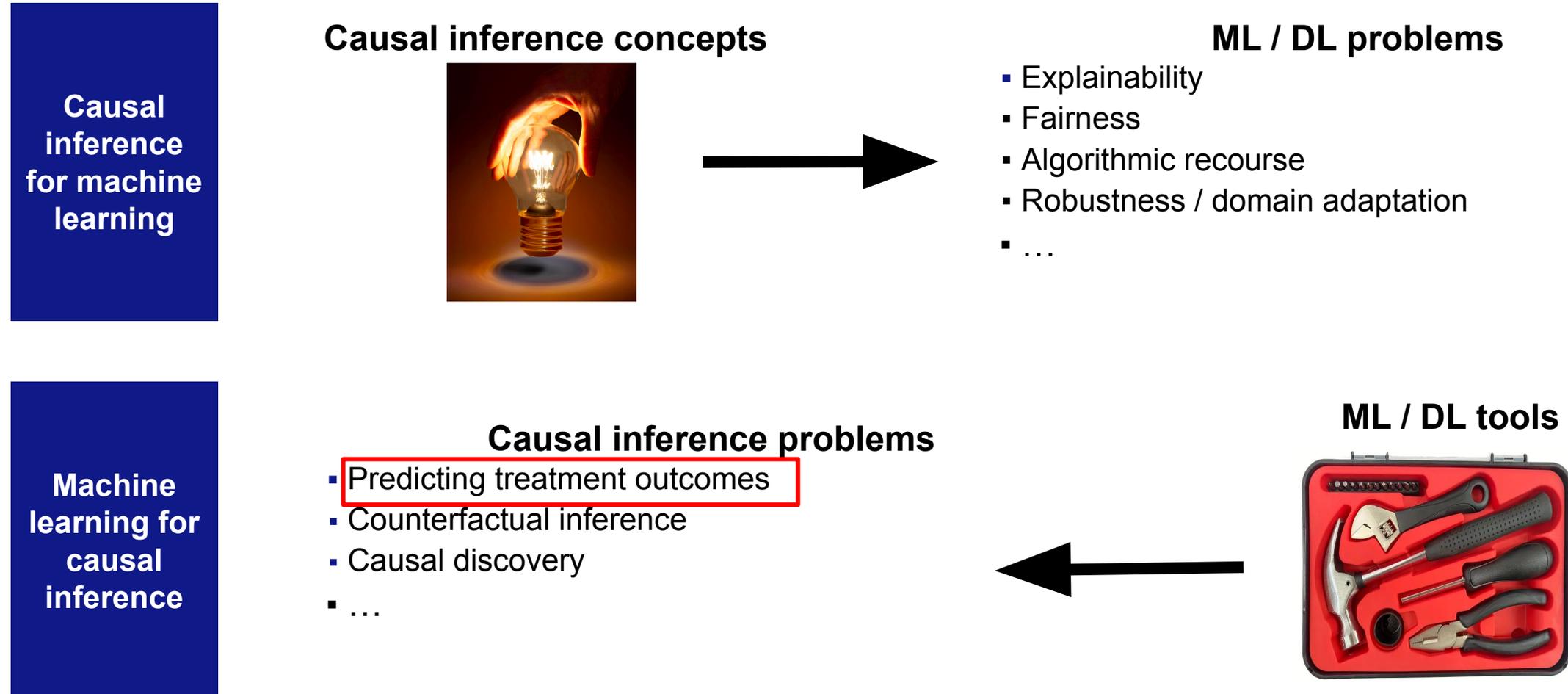
- Predicting treatment outcomes
- Counterfactual inference
- Causal discovery
- ...

**ML / DL tools**

## PRIMER

**Ambiguity of the definition**

“Causal ML” could be both:



## Ladder of causation

### Pearl's layers of causation

Level (Symbol)	Typical Activity	Typical Questions	Examples
1. Association $P(y x)$	Seeing	What is? How would seeing $X$ change my belief in $Y$ ?	What does a symptom tell me about a disease? What does a survey tell us about the election results?
2. Intervention $P(y do(x), z)$	Doing Intervening	What if? What if I do $X$ ?	What if I take aspirin, will my headache be cured? What if we ban cigarettes?
3. Counterfactuals $P(y_x x', y')$	Imagining, Retrospection	Why? Was it $X$ that caused $Y$ ? What if I had acted differently?	Was it the aspirin that stopped my headache? Would Kennedy be alive had Oswald not shot him? What if I had not been smok- ing the past 2 years?



**Causal Hierarchy Theorem:** statistical inference for a layer requires the information from the same or higher layer. For the inference from lower layer data, we need to make **additional assumptions**.

## Ladder of causation

Pearl's layers of causation	Level (Symbol)	Typical Activity	Typical Questions	Examples	Traditional ML
	1. Association $P(y x)$	Seeing	What is? How would seeing $X$ change my belief in $Y$ ?	What does a symptom tell me about a disease? What does a survey tell us about the election results?	
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Pearl's  
layers of  
causation

Causal ML



**Causal Hierarchy Theorem:** statistical inference for a layer requires the information from the same or higher layer. For the inference from lower layer data, we need to make **additional assumptions**.

## TREATMENT OUTCOMES

# Predicting treatment outcomes (treatment effects or potential outcome)

$$\mathcal{D} = \{x_i, a_i, y_i\}_{i=1}^n \sim \mathbb{P}(X, A, Y)$$

- Given i.i.d. observational dataset

- $X$  covariates
- $A$  (binary) treatments
- $Y$  continuous (factual) outcomes

Patient	Covariates $X$	Treatment $A$	Outcome $Y = Y(0)$	Outcome $Y = Y(1)$
		0	-1.0	
		1		2.3
		1		0.3
...	...	...	...	...

Patient	Covariates $X$	Potential outcomes $Y(0)$	Potential outcomes $Y(1)$	Treatment effect $Y(1) - Y(0)$
		?	?	?
		?	?	?
...	...	...	...	...

- We want to identify & estimate treatment outcomes:

- **treatment effects**

$$Y[1] - Y[0]$$

- **potential outcomes**

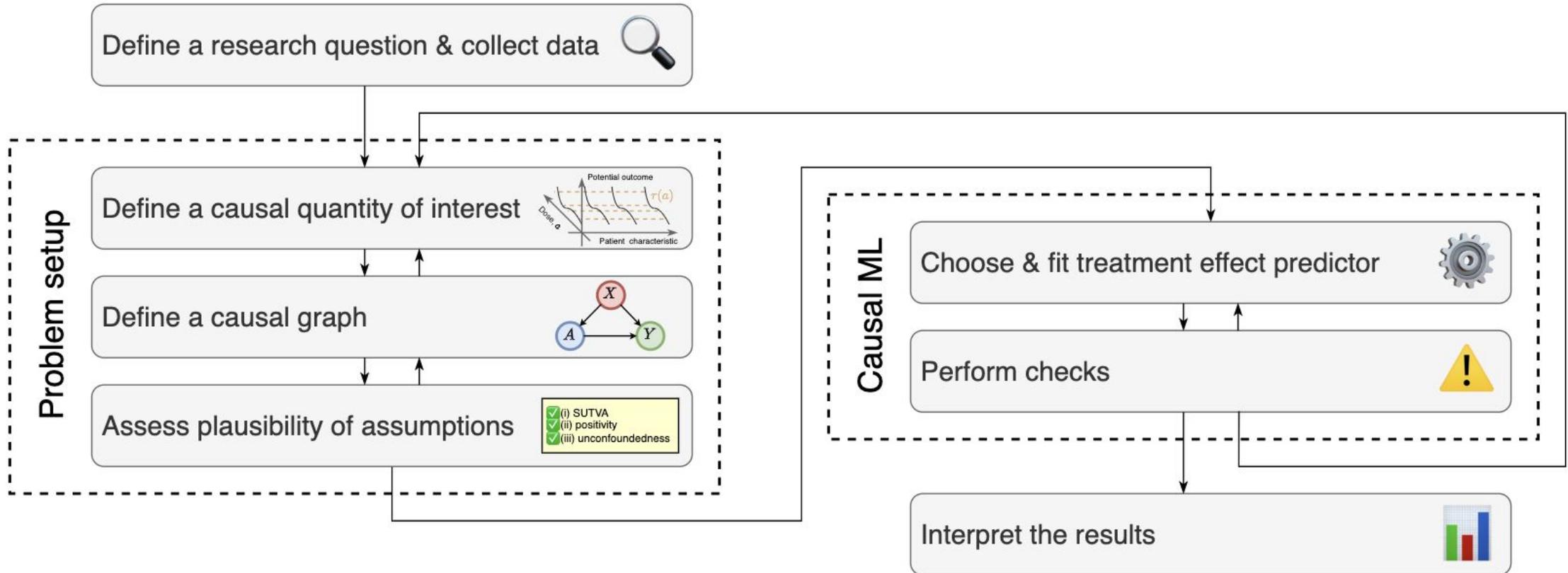
(separately)  $Y[0]$   $Y[1]$

- **Fundamental problem:** never observing both potential outcomes!

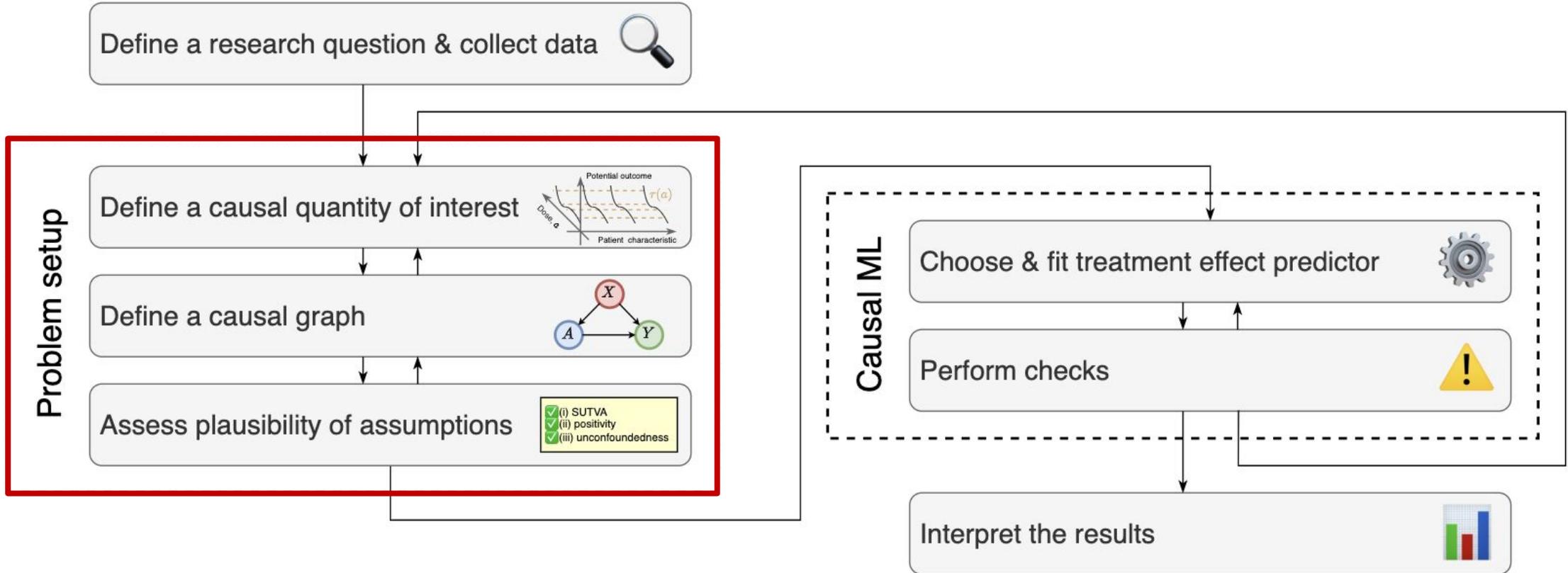
Problem formulation

# TREATMENT OUTCOMES

## Causal ML Workflow

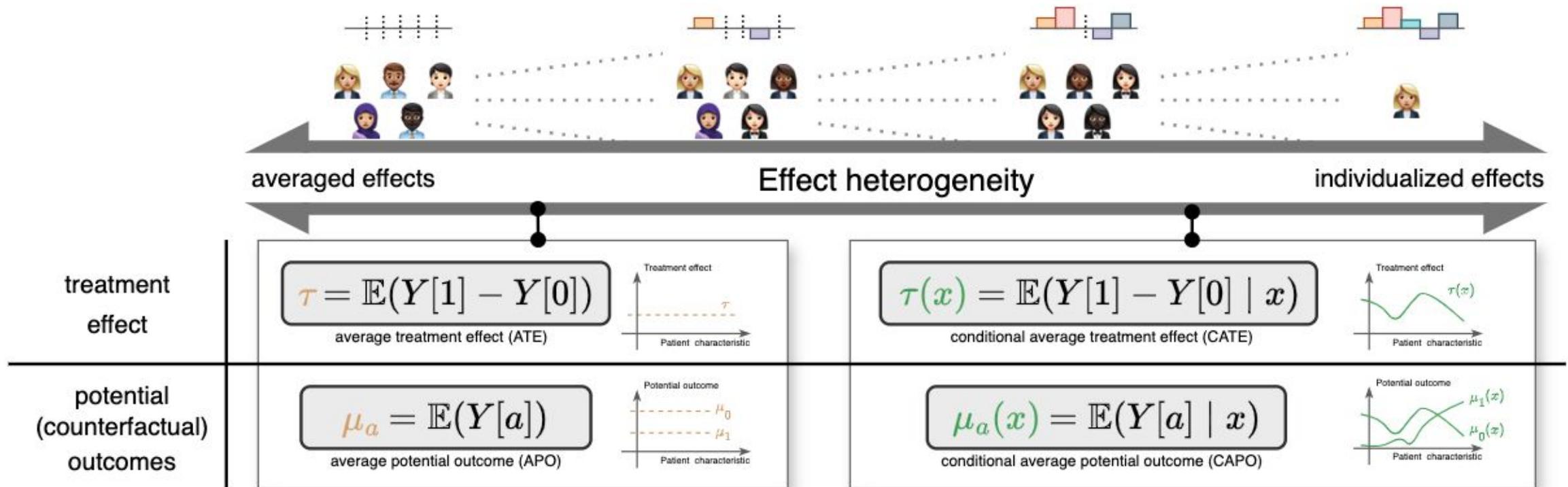


# Causal ML Workflow



PROBLEM SETUP

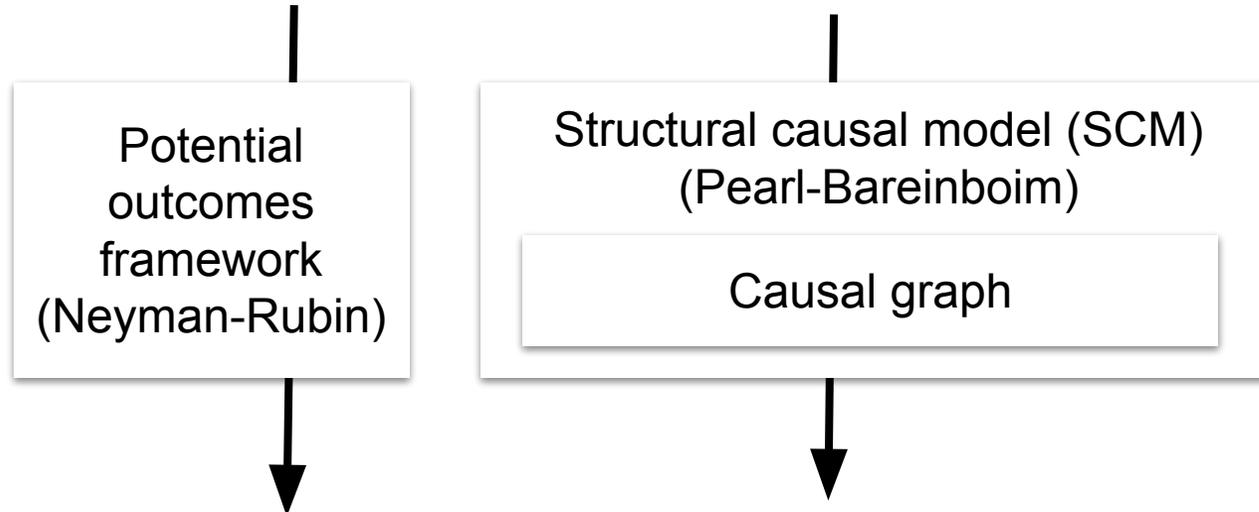
# Causal quantities of interest

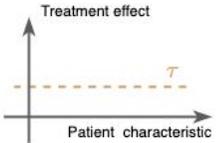
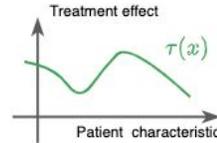
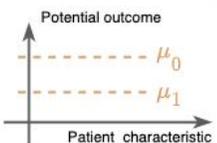
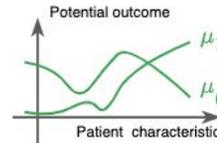


PROBLEM SETUP

Assumption frameworks

$$\mathcal{D} = \{x_i, a_i, y_i\}_{i=1}^n \sim \mathbb{P}(X, A, Y)$$



$\tau = \mathbb{E}(Y[1] - Y[0])$ <p>average treatment effect (ATE)</p> 	$\tau(x) = \mathbb{E}(Y[1] - Y[0]   x)$ <p>conditional average treatment effect (CATE)</p> 
$\mu_a = \mathbb{E}(Y[a])$ <p>average potential outcome (APO)</p> 	$\mu_a(x) = \mathbb{E}(Y[a]   x)$ <p>conditional average potential outcome (CAPO)</p> 

PROBLEM SETUP

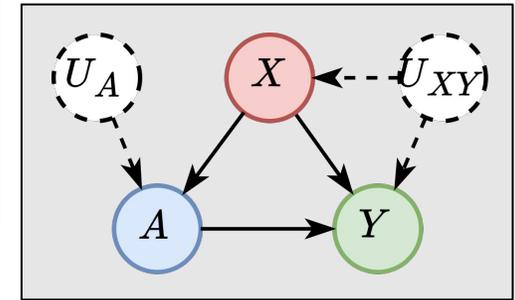
Assumption frameworks: SCMs and causal graphs

$$\mathcal{D} = \{x_i, a_i, y_i\}_{i=1}^n \sim \mathbb{P}(X, A, Y)$$

Potential outcomes framework (Neyman-Rubin)

Structural causal model (SCM) (Pearl-Bareinboim)  
Causal graph

Assumptions stem from structural knowledge



$\tau = \mathbb{E}(Y[1] - Y[0])$ <p>average treatment effect (ATE)</p>	$\tau(x) = \mathbb{E}(Y[1] - Y[0]   x)$ <p>conditional average treatment effect (CATE)</p>
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PROBLEM SETUP

Assumption frameworks: Potential outcomes framework

$$\mathcal{D} = \{x_i, a_i, y_i\}_{i=1}^n \sim \mathbb{P}(X, A, Y)$$

More general

- (i) Consistency
- (ii) Positivity (Overlap)
- (iii) Exchangeability (Ignorability)

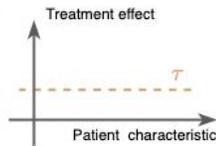
Potential outcomes framework (Neyman-Rubin)

Structural causal model (SCM) (Pearl-Bareinboim)

Causal graph

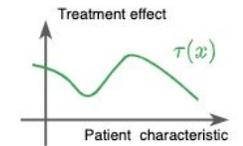
$$\tau = \mathbb{E}(Y[1] - Y[0])$$

average treatment effect (ATE)



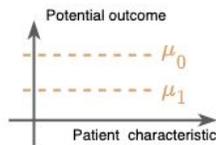
$$\tau(x) = \mathbb{E}(Y[1] - Y[0] | x)$$

conditional average treatment effect (CATE)



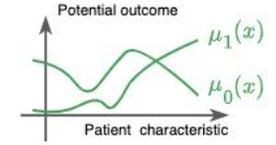
$$\mu_a = \mathbb{E}(Y[a])$$

average potential outcome (APO)



$$\mu_a(x) = \mathbb{E}(Y[a] | x)$$

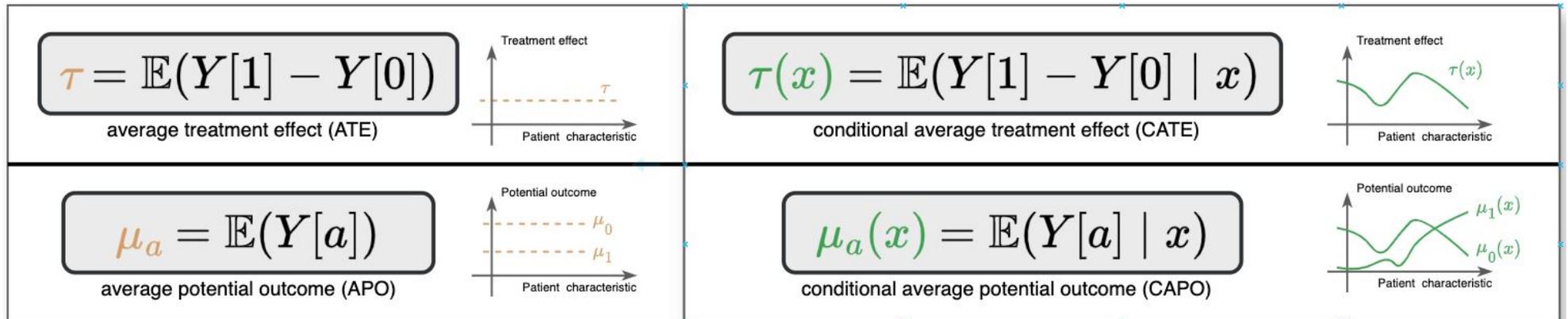
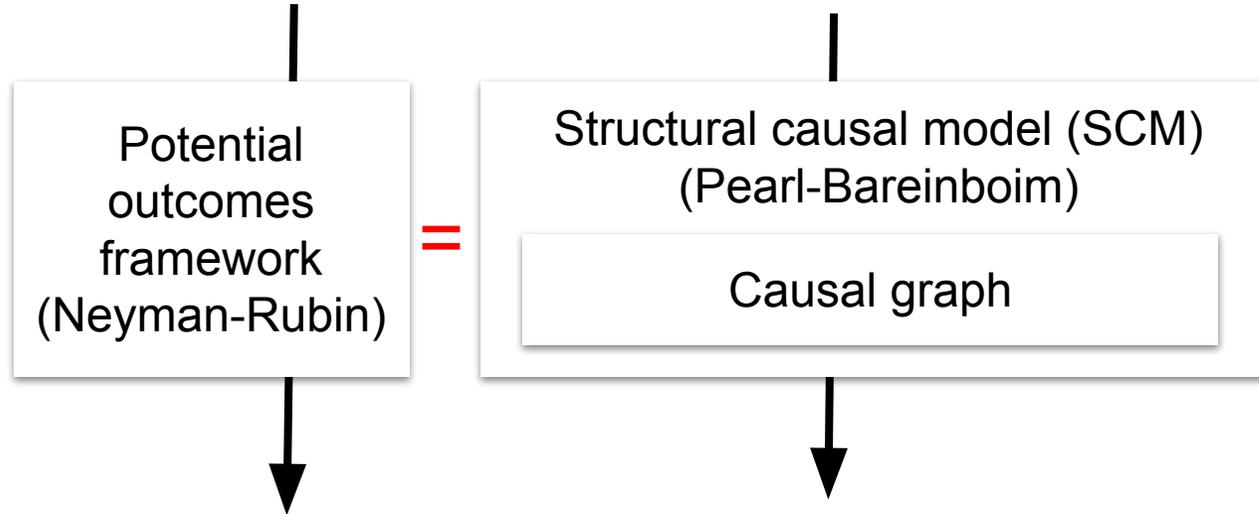
conditional average potential outcome (CAPO)



PROBLEM SETUP

Assumption frameworks

$$\mathcal{D} = \{x_i, a_i, y_i\}_{i=1}^n \sim \mathbb{P}(X, A, Y)$$



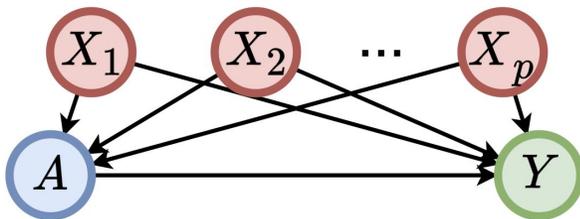
## PROBLEM SETUP

### Example of a case study

**Aim:** estimate heterogeneous treatment effect of development aid on SDG outcomes

- **Treatment  $A$ :** development aid earmarked to end the HIV/AIDS epidemic
- **Outcome  $Y$ :** relative reduction in HIV infection rate
- **Covariates  $X$ :** control for differences in country characteristics

#### Causal graph



#### Causal quantity of interest

$$\mu_a(x) = \mathbb{E}(Y[a] \mid x)$$

conditional average potential outcome (CAPO)

#### Assumptions

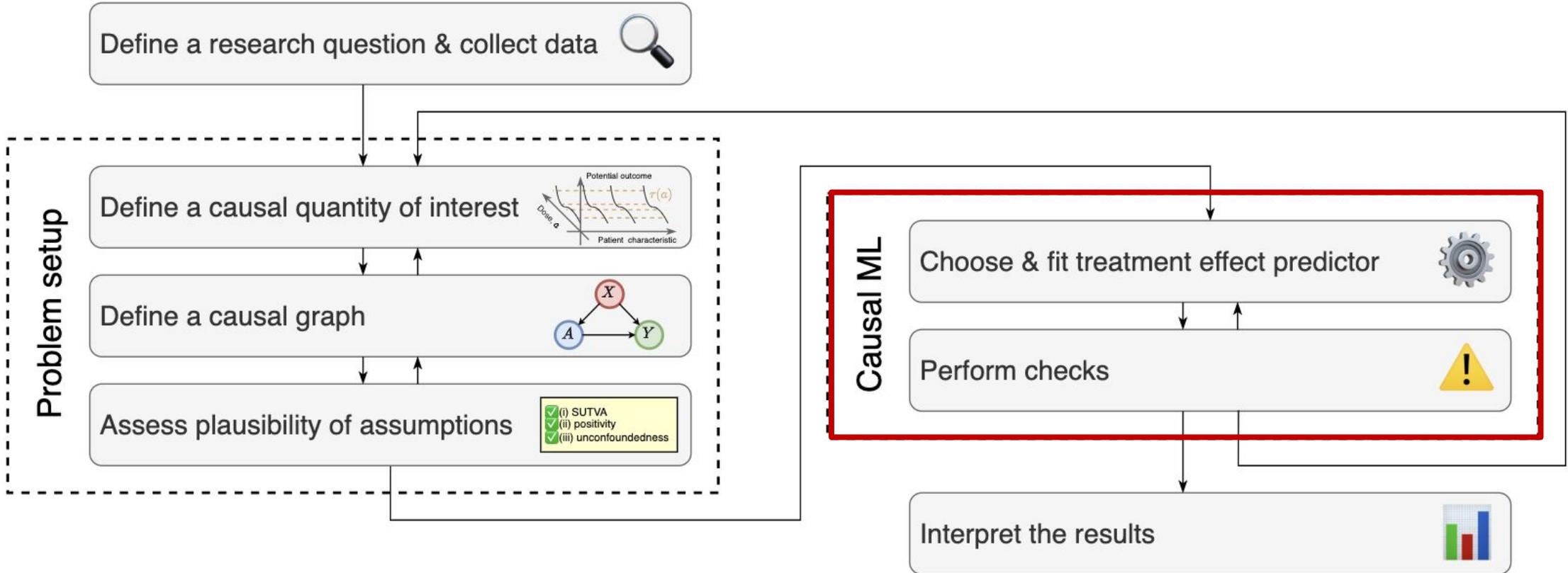
Potential outcomes framework (Neyman-Rubin)

Consistency:  $Y = Y(a)$  if  $A = a$

Positivity:  $0 < p(A = a \mid X = x) < 1, \forall a \in \mathcal{A}$

Ignorability:  $Y(a) \perp\!\!\!\perp A \mid X = x, \forall a \in \mathcal{A}$

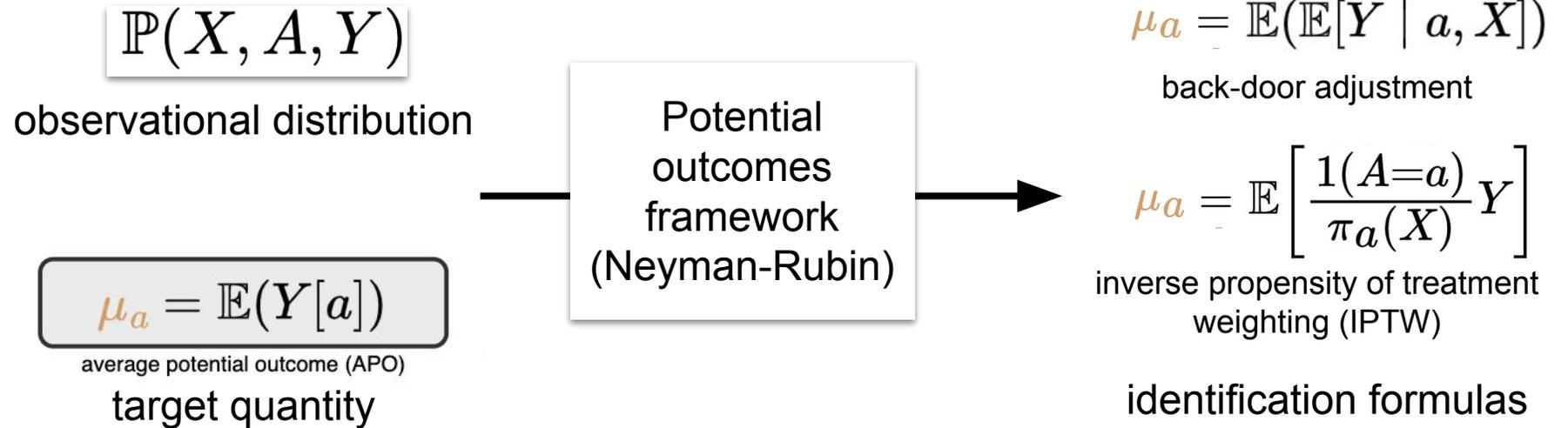
# Causal ML Workflow



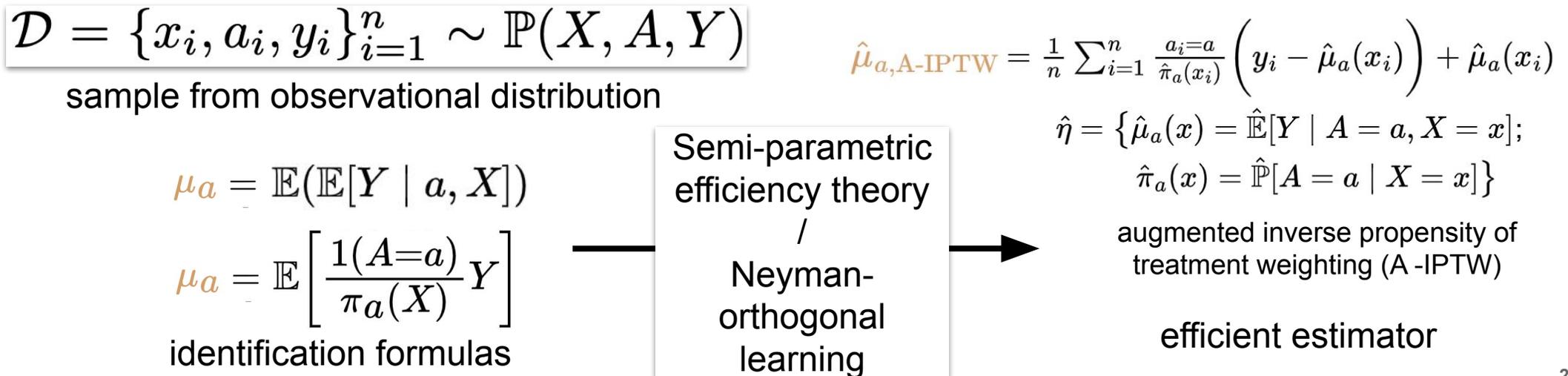
CAUSAL ML

Identification vs. estimation / learning

Identification  
(infinite data)



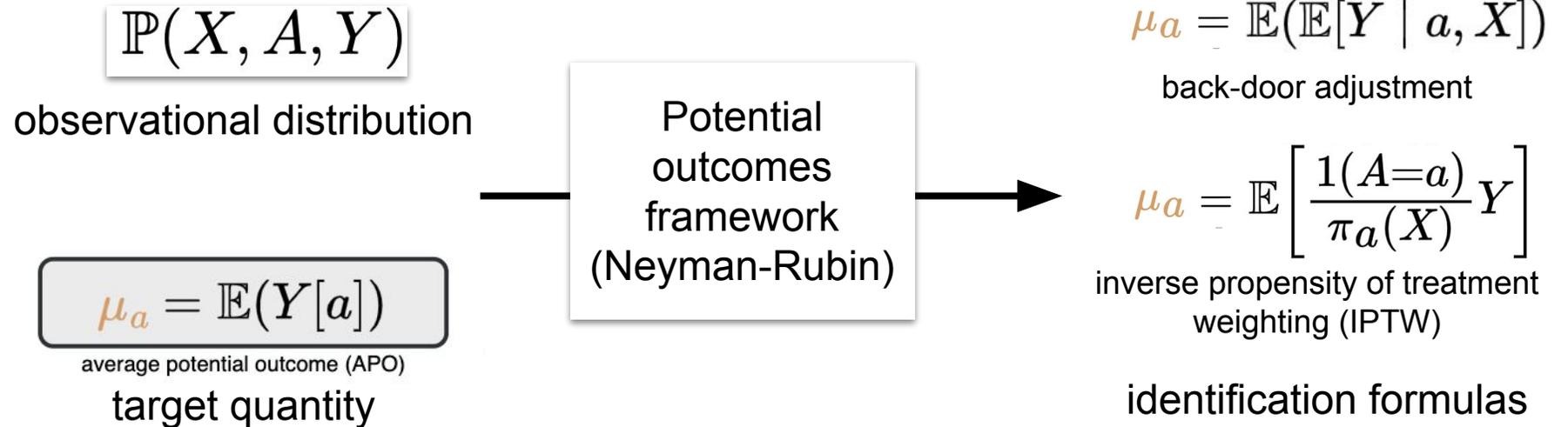
Estimation  
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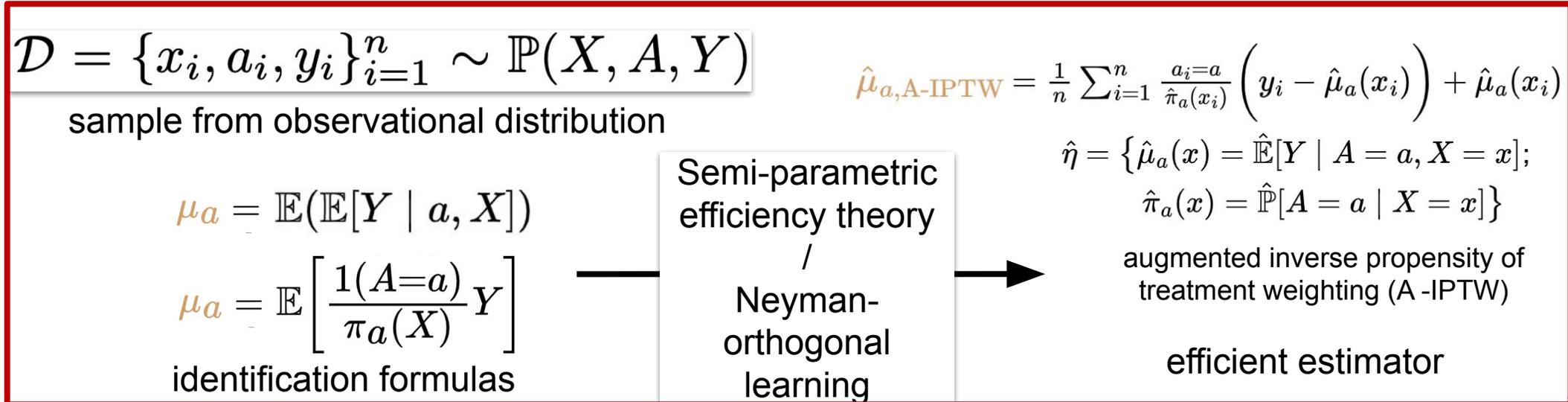
CAUSAL ML

Identification vs. estimation / learning

Identification  
(infinite data)



Estimation  
(finite data)





## Challenges and open questions fitting an ML model

## Challenges

$$\mu_a(x) = \mathbb{E}(Y[a] \mid x)$$

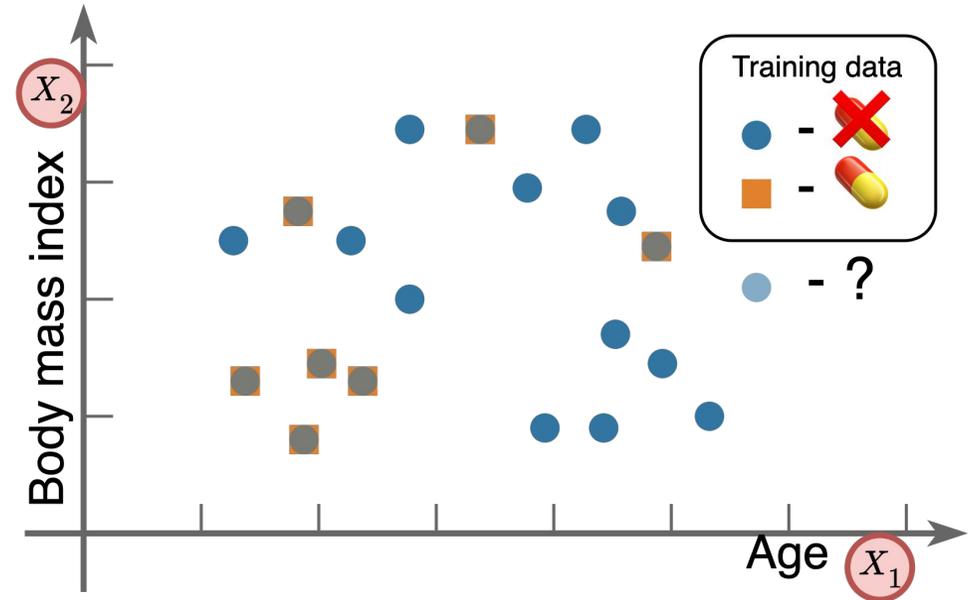
conditional average potential outcome (CAPO)

- **Selection bias:** parts of the population rarely gets treated

$$\tau(x) = \mathbb{E}(Y[1] - Y[0] \mid x)$$

conditional average treatment effect (CATE)

- **Selection bias:** parts of the population rarely gets treated



## Challenges and open questions fitting an ML model

### Challenges

$$\mu_a(x) = \mathbb{E}(Y[a] \mid x)$$

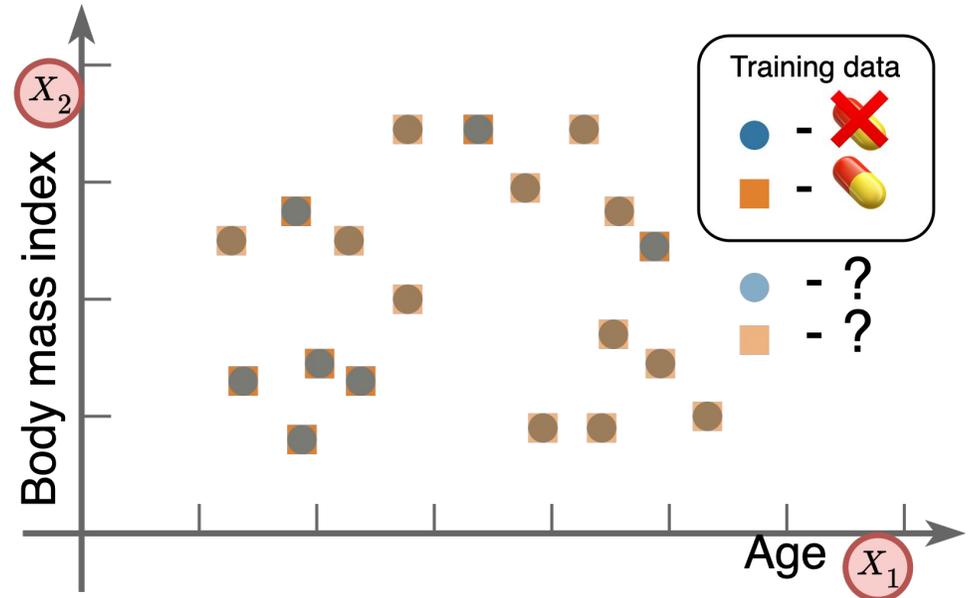
conditional average potential outcome (CAPO)

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conditional average treatment effect (CATE)

- **Selection bias:** parts of the population rarely gets treated
- **Fundamental problem:** never observing a difference of potential outcomes



## Challenges and open questions fitting an ML model

### Challenges

$$\mu_a(x) = \mathbb{E}(Y[a] | x)$$

conditional average potential outcome (CAPO)

- **Selection bias:** parts of the population rarely gets treated

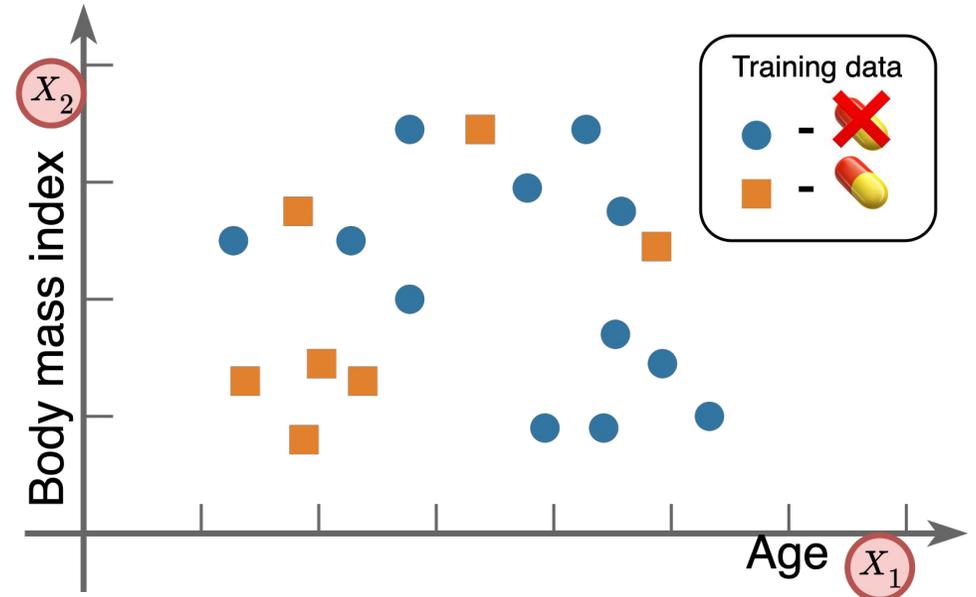
$$\tau(x) = \mathbb{E}(Y[1] - Y[0] | x)$$

conditional average treatment effect (CATE)

- **Selection bias:** parts of the population rarely gets treated
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### Open problems

- How to effectively address selection bias?
- How to incorporate inductive biases, e.g., regularize CAPO / CATE models?



## CAUSAL ML Methods

### Meta-learners

- Meta-learners (Kunzel 2019) are model-agnostic methods for CATE estimation
- Can be used for treatment effect estimation in combination with an arbitrary ML model of choice (e.g., a decision tree, a neural network)

### Model-based learners

- Model-specific methods make adjustments to existing ML models to address statistical challenges arising in treatment effect estimation
- Prominent **examples** are the causal tree (Athey 2016) and the causal forest (Wager 2018, Athey 2019)
- Others adapt representation learning to leverage neural networks (Shalit 2017, Shi 2019)

1. Kunzel, Sören R., et al. "Metalearners for estimating heterogeneous treatment effects using machine learning." Proceedings of the national academy of sciences 116.10 (2019): 4156-4165.
2. Athey, Susan, and Guido Imbens. "Recursive partitioning for heterogeneous causal effects." Proceedings of the National Academy of Sciences 113.27 (2016): 7353-7360.
3. Athey, Susan, and Stefan Wager. "Estimating treatment effects with causal forests: An application." Observational studies 5.2 (2019): 37-51.
4. Shalit, Uri, Fredrik D. Johansson, and David Sontag. "Estimating individual treatment effect: generalization bounds and algorithms." International conference on machine learning. PMLR, 2017.
5. Shi, Claudia, David Blei, and Victor Veitch. "Adapting neural networks for the estimation of treatment effects." Advances in neural information processing systems 32 (2019).

## CAUSAL ML Methods

### Meta-learners

#### One-stage learners

- “Plug-in learners”: fit a **single** regression model with a treatment as an input or **two** regression models for each treated and control sub-groups
- Examples: S-learner and T-learner

#### Two-stage learners

- Two-stages of learning: derive and estimate pseudo-outcomes as surrogates, which has the same expected value as the CATE
- Examples: DR-learner and R-learner

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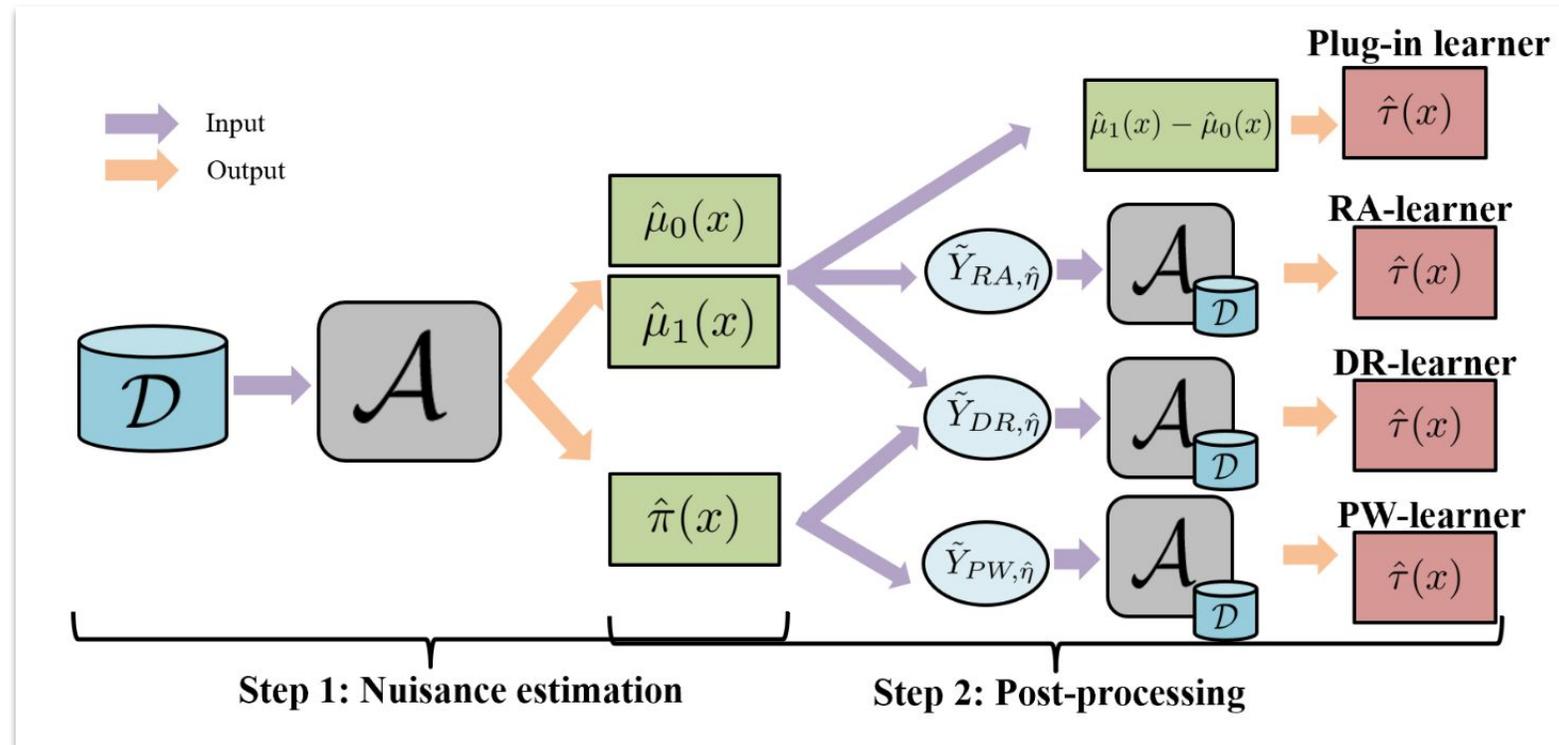
## One-stage and two-stage meta-learners

**Example:** meta-learners for CATE

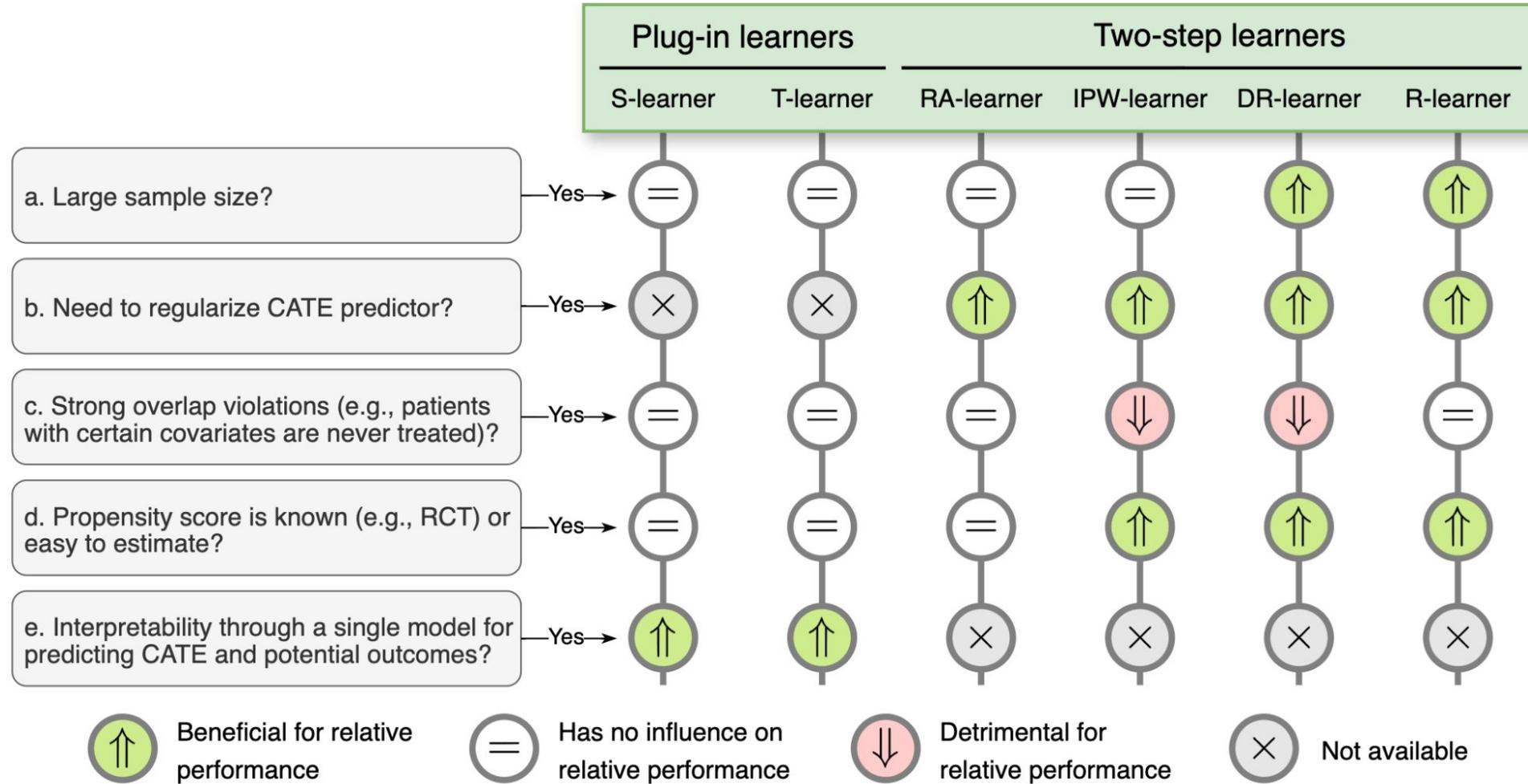
$$\tau(x) = \mathbb{E}(Y[1] - Y[0] \mid x)$$

conditional average treatment effect (CATE)

**Method:** Using any ML model to fit relevant parts of the observed distribution, namely, **nuisance functions**. Then, we can use the nuisance functions estimators for the final CATE model.



# Comparison of meta-learners



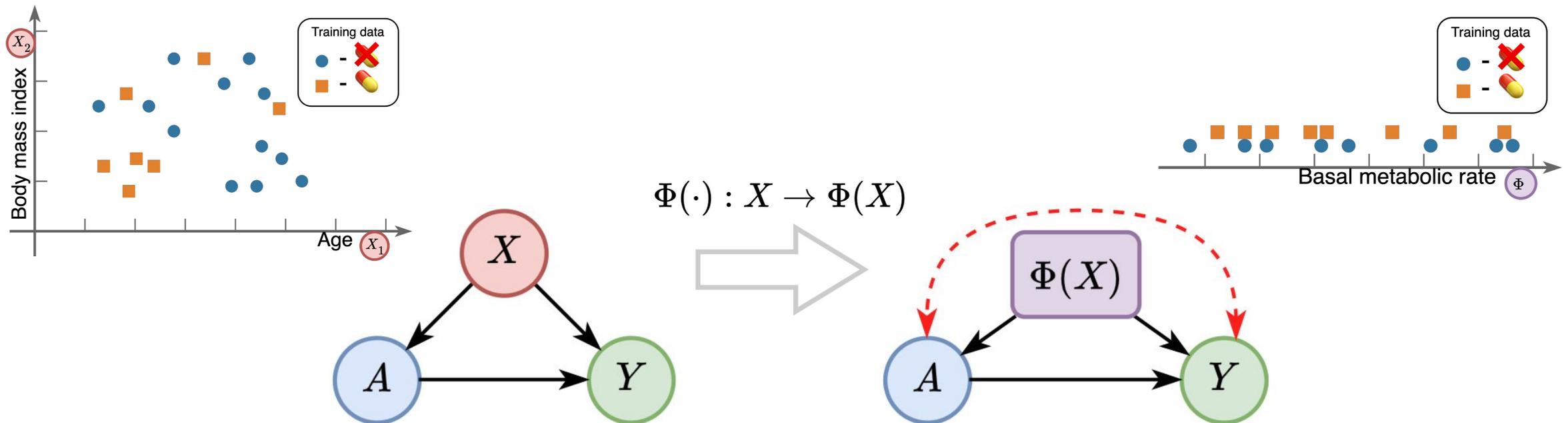
## Model-based learners: Representation learning

**Example:** TarNET / CFRNet for CATE

$$\tau(x) = \mathbb{E}(Y[1] - Y[0] \mid x)$$

conditional average treatment effect (CATE)

**Method:** Learning a low-dimensional (balanced) representation  $\Phi(\cdot)$  of high-dimensional covariates. Then, we can fit a CATE model based on the representations.



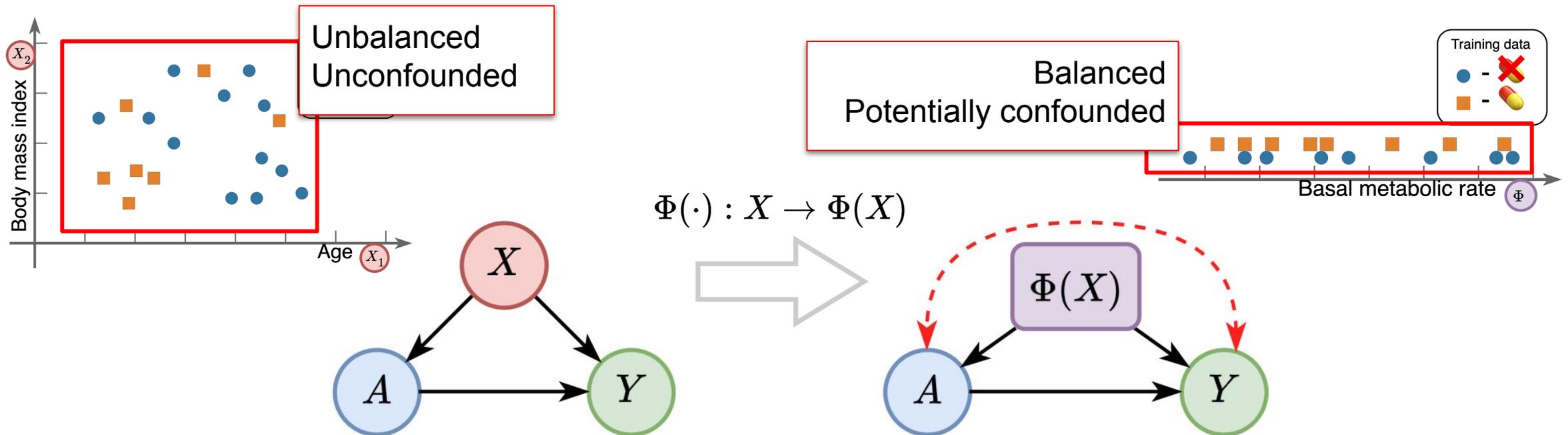
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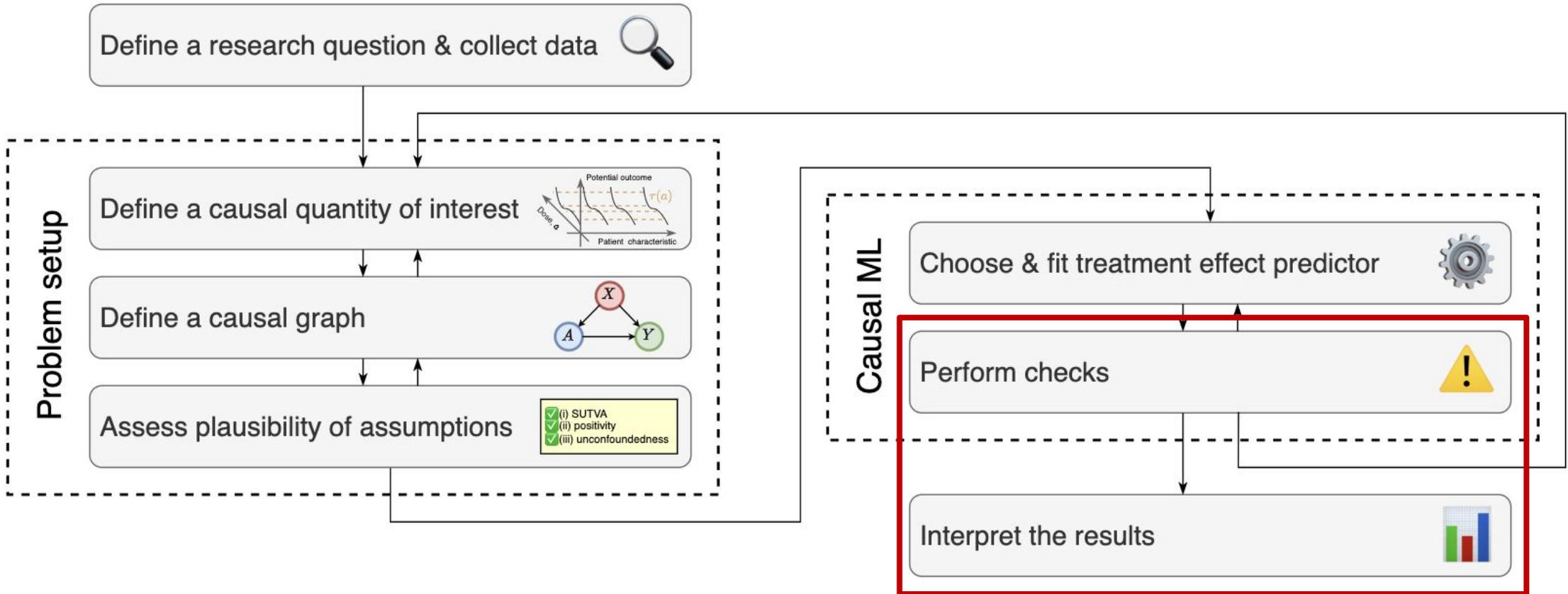


Munich Center for Machine Learning

# Where we are (and what is still needed): Current state of causal ML research



# Causal ML Workflow



## Extensions & Open research problems

### 1 Model validity

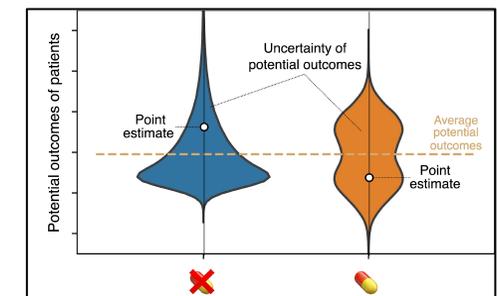
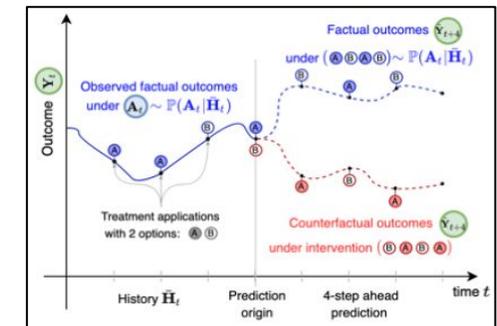
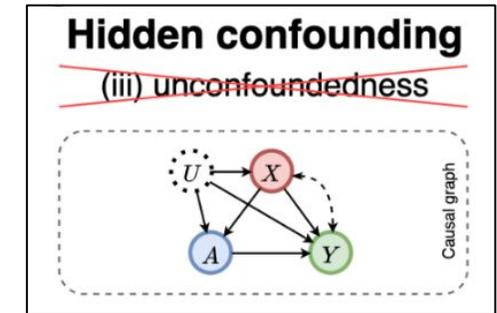
- Selection and validation of CATE models
  - Unlike traditional ML, we do not have a ground truth validation subset
- Robustness checks wrt. violation of assumptions
  - Sensitivity models
  - Spillover effects

### 2 Flexibility

- Extensions to more complicated settings
  - continuous / high-dimensional treatments
  - time-varying potential outcomes and treatment effects
- Data fusion from multiple environments
- Constrained ML: interpretability, privacy enforcement

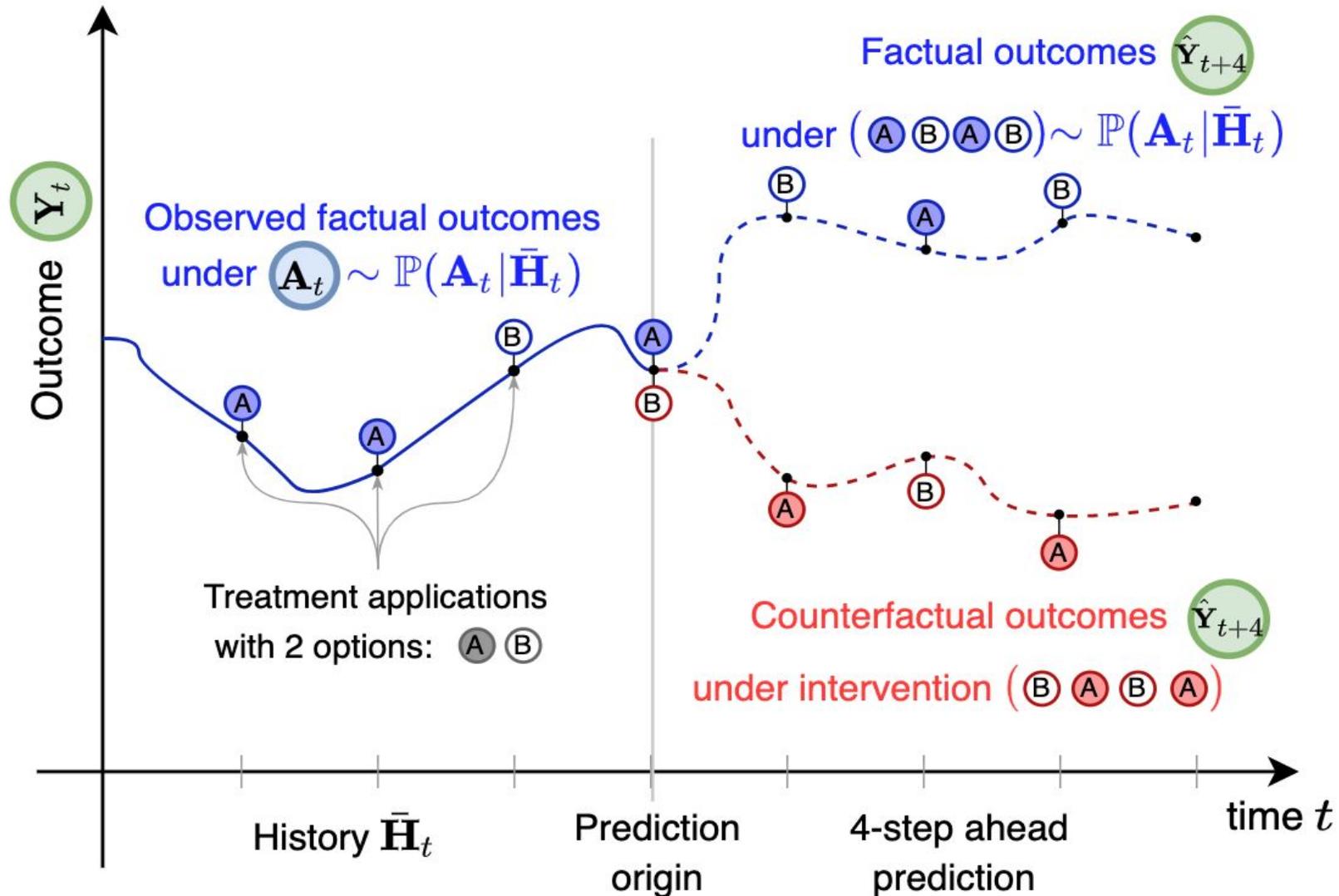
### 3 Uncertainty quantification

- Uncertainty quantification
  - uncertainty of estimation (aka confidence intervals)
  - predictive uncertainty (aka predictive intervals)



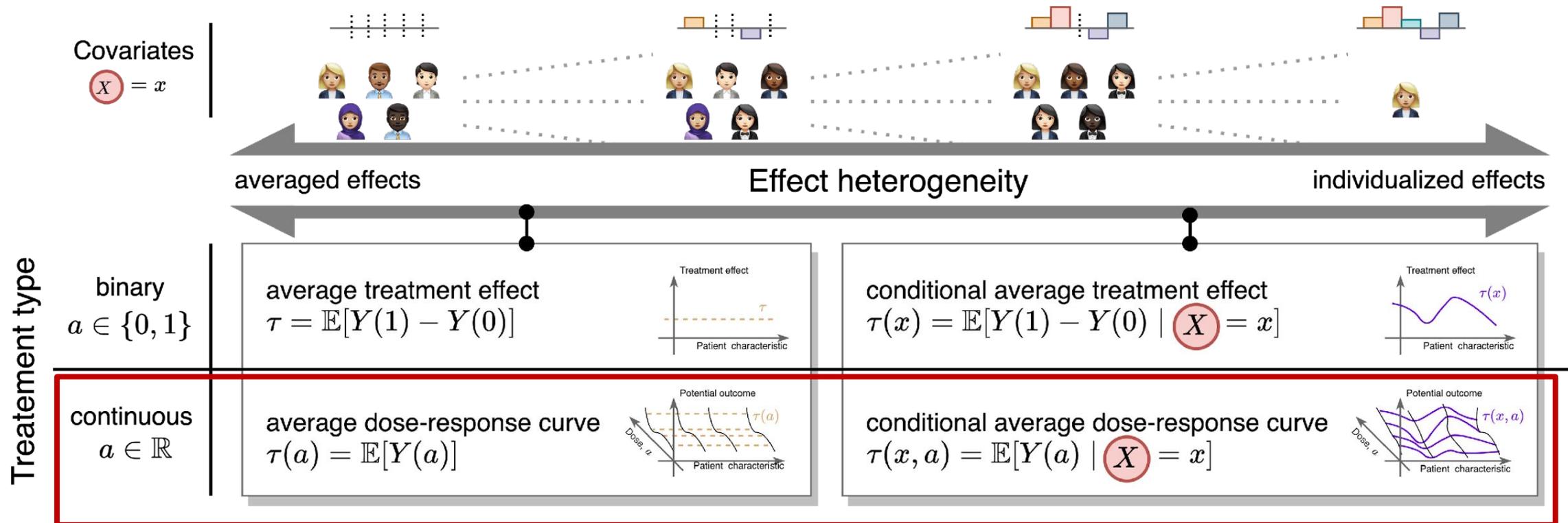


## Flexibility: Causal ML for predicting outcomes over time

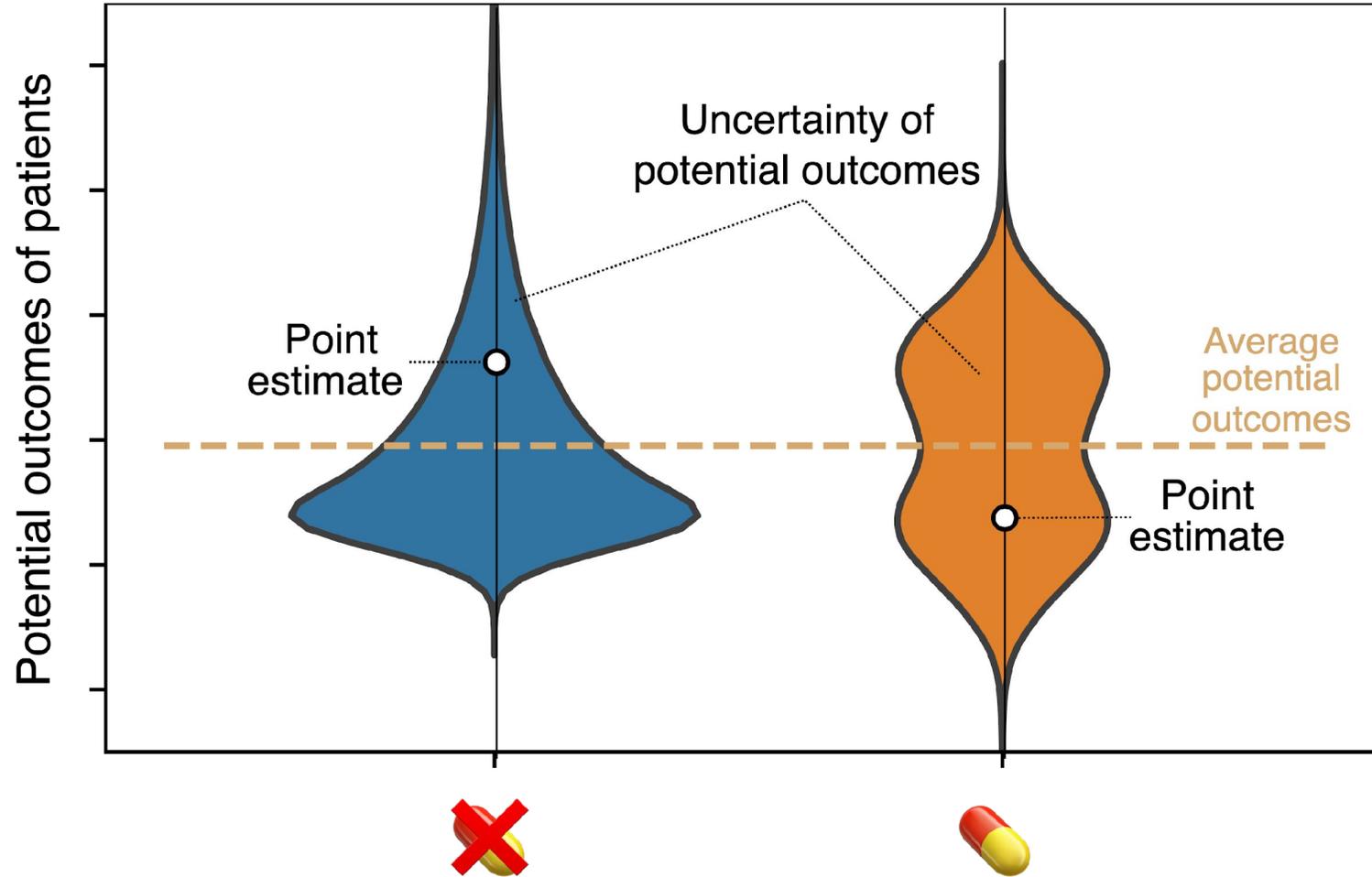


EXTENSIONS & OPEN RESEARCH QUESTIONS

# Flexibility: Continuous / high-dimensional treatments



## Uncertainty quantification



VISION

# Promises of Causal ML

Estimating treatment effects for vulnerable groups



Augmenting evidence from RCTs



Finding optimal dosages



ML for treatment effect estimation

Estimating post-approval efficacy, including side effects



Guiding treatment choice when a standard of care is absent



Estimating treatment effects for long-term outcomes



Designing treatment recommendations for rare diseases





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